

AI-assisted Documentary Content Workflow

AI 辅助纪录片内容生产与多平台分发系统

A reusable workflow for documentary exploration, field research, script development, language polishing, and multi-platform publishing.

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Reality > My Assumption

Choose a language / 选择语言

English

中文

Single bilingual file. Language selection uses page links for broad PDF compatibility.

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Executive Summary

A repeatable system that makes assumptions, required evidence, real discovery, and human judgment visible.

What the system does

- Transforms a place, route, or social observation into questions that can be tested in the field.
- Plans evidence around people, behavior, environment, routines, and contradiction.
- Reconstructs the story after travel instead of forcing footage into the pre-trip hypothesis.
- Separates story design, script execution, language editing, reading format, and publishing review.

Operating model



The core claim

AI supports analysis, decomposition, drafting, checking, and formatting. Edward remains responsible for the topic, fieldwork, observation, fact-checking, on-camera work, editing, and publication.

SCOPE	A personal creator workflow built from real documentary practice. It does not represent a commercial production team or an automated content system.
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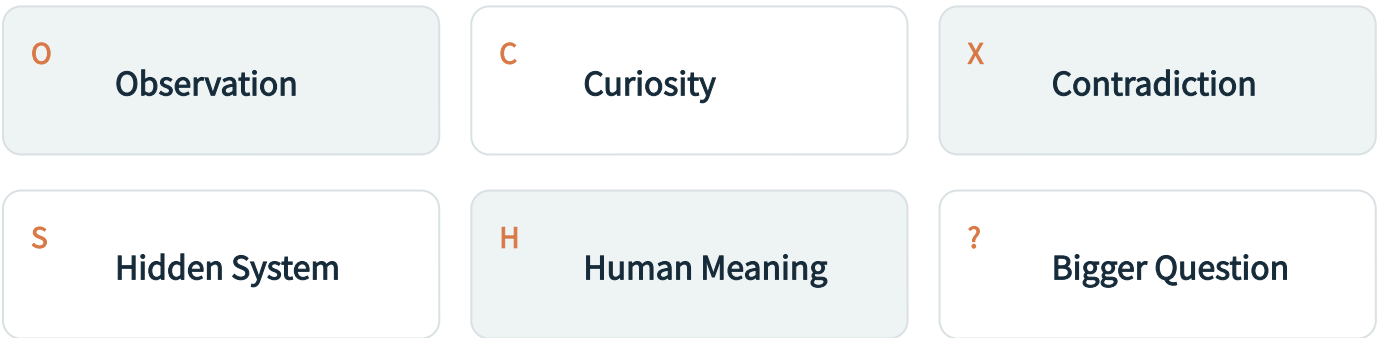
Creator and Channel Identity

A young Chinese observer uses everyday life to examine systems and human meaning for international viewers.

Editorial position

- Combines lived experience inside Chinese society, a young person's perspective, cross-cultural comparison, and curiosity about other societies.
- Excludes travel vlogs, destination guides, personal timelines, attraction lists, and simplistic China-versus-West comparisons.
- The central question asks what a place reveals about people, culture, society, or systems.
- Short-term observation cannot support a universal social conclusion.

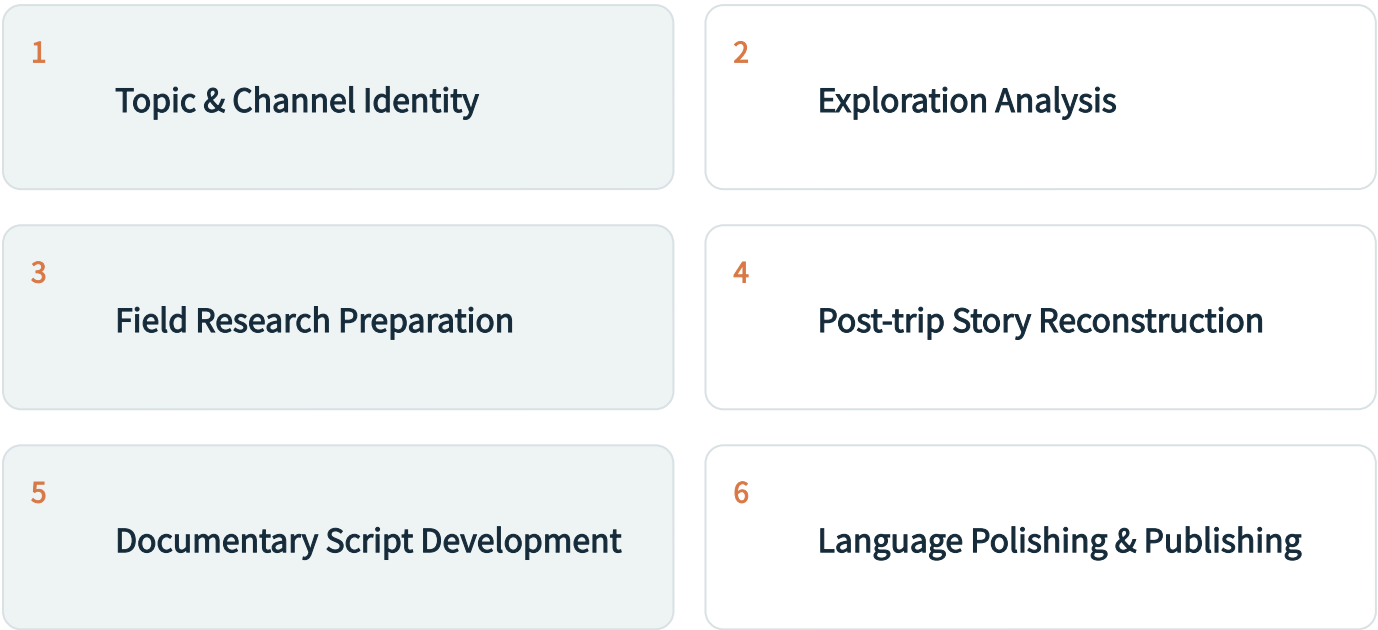
Observation chain



PRINCIPLE	Reality > My Assumption
UNIVERSALITY	China can be the case, while the ending connects that case to a wider human question.
EVIDENCE	A compelling interpretation still needs observed behavior, credible context, or clearly labeled uncertainty.

Workflow Overview

Six stages turn identity, field evidence, and human judgment into publishable work.



Decision gates

G1	Documentary question	Observer position, hidden question, audience relevance
G2	Field testability	People, behavior, routines, places, contradiction
G3	Reality check	Journal, footage, interviews, direct experience
G4	Episode structure	Central question, chapter logic, visual possibilities

Exploration and Question System

The first idea remains a hypothesis until field evidence supports, changes, or rejects it.

Module A Documentary Identity System

Purpose	Define channel identity, audience, documentary boundaries, and the cross-cultural observer position.
Input	Channel purpose, intended audience, previous work, and topic constraints.
Core Process	Accept topics that reveal people or systems. Exclude travel lists, personal logs, and simple China-versus-West comparisons.
Output	An editorial brief with inclusion and exclusion criteria.
Human Review	Edward confirms the observer position and the fit with the channel.

Module B Initial Exploration and Question Generator

Purpose	Turn preliminary research into a question that can be investigated.
Input	Place, timing, route, context, identity, early ideas, and prior research.
Core Process	Map surface observation, documentary potential, observer position, hidden questions, and uncertainty.
Output	Main question plus 3 to 5 supporting questions. Template: Why does ___ happen here, and what does it reveal about ___?
Human Review	Edward labels assumptions and removes claims that cannot be tested.

Module C Possible Story Directions

Purpose	Create alternatives without choosing the ending too early.
Input	Approved exploration question and known constraints.
Core Process	Generate 3 to 5 directions with angle, relevance, evidence needed, risk, and channel fit.
Output	Exploration hypotheses to test in the field.
Human Review	Edward rejects generic, unfilmable, or access-dependent directions.

Field Research and Solo Shooting

Evidence of life, not images of places.

Module D Field Research and Solo Shooting Plan

Purpose	Convert each possible direction into observable evidence for one creator.
Input	Story directions, route, access, time, equipment, safety, and production limits.
Core Process	Plan around people, places, moments, contradictions, routines, and human interaction. Create 5 to 8 scene groups per direction.
Output	A field observation plan and solo shooting checklist with location and capture intent.
Human Review	Edward checks realism, safety, ethics, and the information provided by each image.

Scene group template

Location	Where can the behavior or system be observed?
People	Who is present, and what are they doing?
Action	Capture person + behavior + environment in the same visual unit.
Information	What information does this image provide?
Contradiction	What differs from expectation or the surface appearance?
Solo feasibility	Can one creator capture it safely without staged access or a large crew?
FIELD RULE	If a shot only proves that a place exists, it is probably B-roll. If it reveals behavior, process, or contradiction, it can become evidence.

Discovery Journal and Story Reconstruction

The post-trip story follows what happened, rather than mechanically executing the departure plan.

Module E Field Discovery Journal

Purpose	Capture the distance between expectation and reality while memory is fresh.
Input	Daily observation, conversations, footage notes, surprises, and misunderstandings.
Core Process	Record date, place, expectation, actual event, surprise, difference, misunderstanding, new question, and possible story idea.
Output	A discovery log showing recurring themes and anomalies.
Human Review	Edward separates direct observation from interpretation and marks gaps for verification.

Module F Post-trip Story Reconstruction

Purpose	Find the real story discovered during production.
Input	Video, photos, journal, interviews, and honest personal response.
Core Process	Evaluate the creator angle, restate the central question, and build the Opening Hook, Chapters 1 to 3, and Ending.
Output	A narrative structure with purpose, question, information, human story, and visual possibilities for every chapter.
Human Review	Edward approves the structure as the source of truth before script writing.

Reconstruction test

A What I expected

B What happened

C What repeated

D What contradicted

E What it may mean

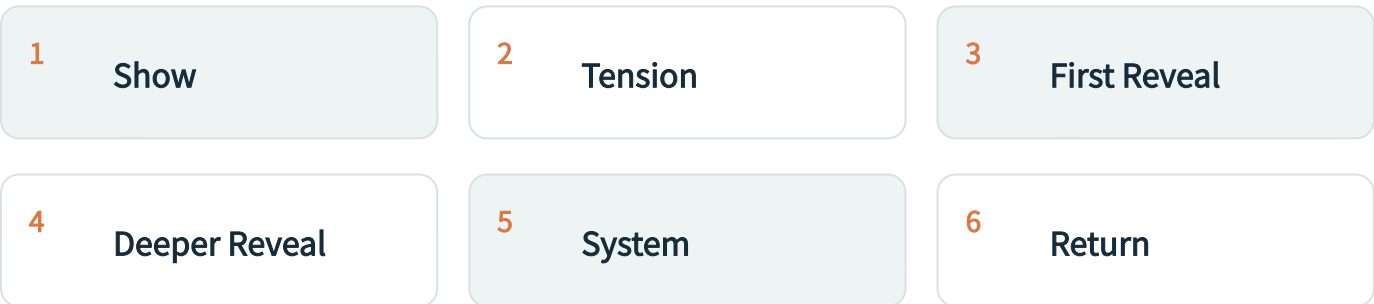
F What remains unknown

Documentary Script Architecture

The approved framework is the source of truth. Script writing executes the story without reopening the whole direction.

Module G Documentary Script Writing System	
Purpose	Write a visual, spoken documentary for viewers who may know little about China.
Input	Approved structure, verified facts, footage inventory, and interviews.
Core Process	Build the episode arc and each chapter investigation. Pace reveals without fabricating evidence.
Output	Chapter title, voiceover script, and transition line.
Human Review	Edward checks facts, visual support, spoken rhythm, and continuity with the approved structure.

Whole-episode arc



Execution rules

Per chapter: Beginning, Investigation, Discovery, Transition. Each answer creates a better next question.

Keep the first 30 to 60 seconds focused on tension. Use roughly the first 10 to 15% of later chapters to renew curiosity.

Every 20 to 40 seconds, introduce a contradiction, hidden mechanism, surprising observation, unanswered question, or new reveal layer.

Visual priority: People, Objects, Places, Processes, Systems, Abstract ideas.

Default narration pace: 130 to 160 English words per minute. Never invent people, interviews, statistics, motives, or facts.

Language Polishing and Reading Format

Language editing and reading layout have different permissions.

Module H American English Documentary Polishing

- Purpose: Create natural spoken American English without changing the story.
- Input: Approved script with protected facts, structure, argument, emotion, and progression.
- Core Process: Apply Native Speaker, Voiceover, Translation, AI, and Documentary tests. Preserve Australian place names and local terms.
- Output: Polished script plus a log of material changes.
- Human Review: Edward confirms that no fact, slang, certainty, or emotional direction was added.

Module I Reading Script Formatter

- Purpose: Prepare final English text for recording without rewriting.
- Input: Locked script with content frozen.
- Core Process: Remove formatting-only marks, normalize spacing, and group complete sentences into paragraphs of about 140 to 170 words.
- Output: Word file in Calibri 12 pt, 1.5 spacing, no header or footer, with paragraph word counts at the end.
- Human Review: Edward compares it with the locked script and confirms that the content is identical.

Permission boundary

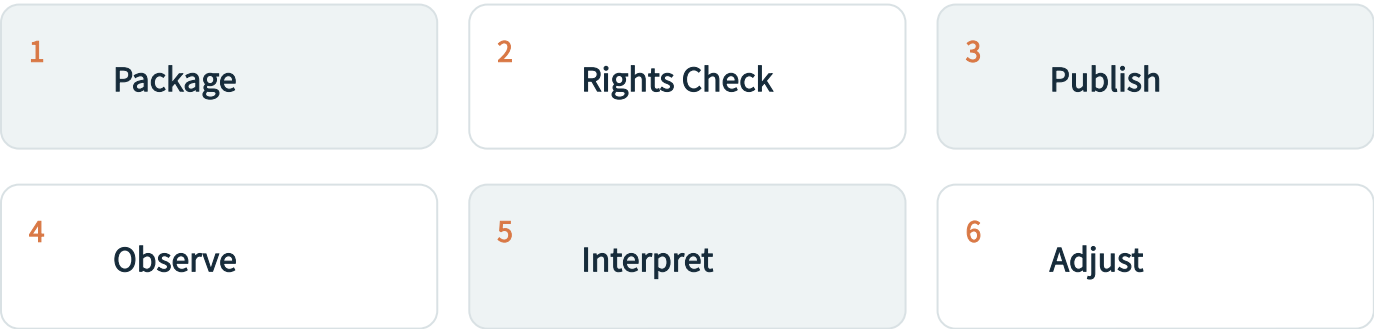
MODULE H	May change wording, cadence, clarity, and idiom. Must preserve structure, facts, claims, emotion, and progression.
MODULE I	May change spacing, paragraph breaks, and reading layout. Must preserve every word and sentence.

Multi-platform Publishing and Review

The same documentary system feeds long and short formats. Available platform feedback informs later decisions.

Module J Multi-platform Publishing and Review	
Purpose	Publish, adapt, and review work without inventing performance claims.
Input	Final video, title, thumbnail, captions, rights status, platform requirements, and available feedback.
Core Process	Prepare YouTube long-form, Shorts, Reels, Douyin, and Bilibili versions. Review available retention, packaging, copyright, and distribution signals.
Output	Publishing plan, platform assets, and review notes.
Human Review	Edward approves uploads, resolves rights issues, and records only observed metrics.

Current review loop



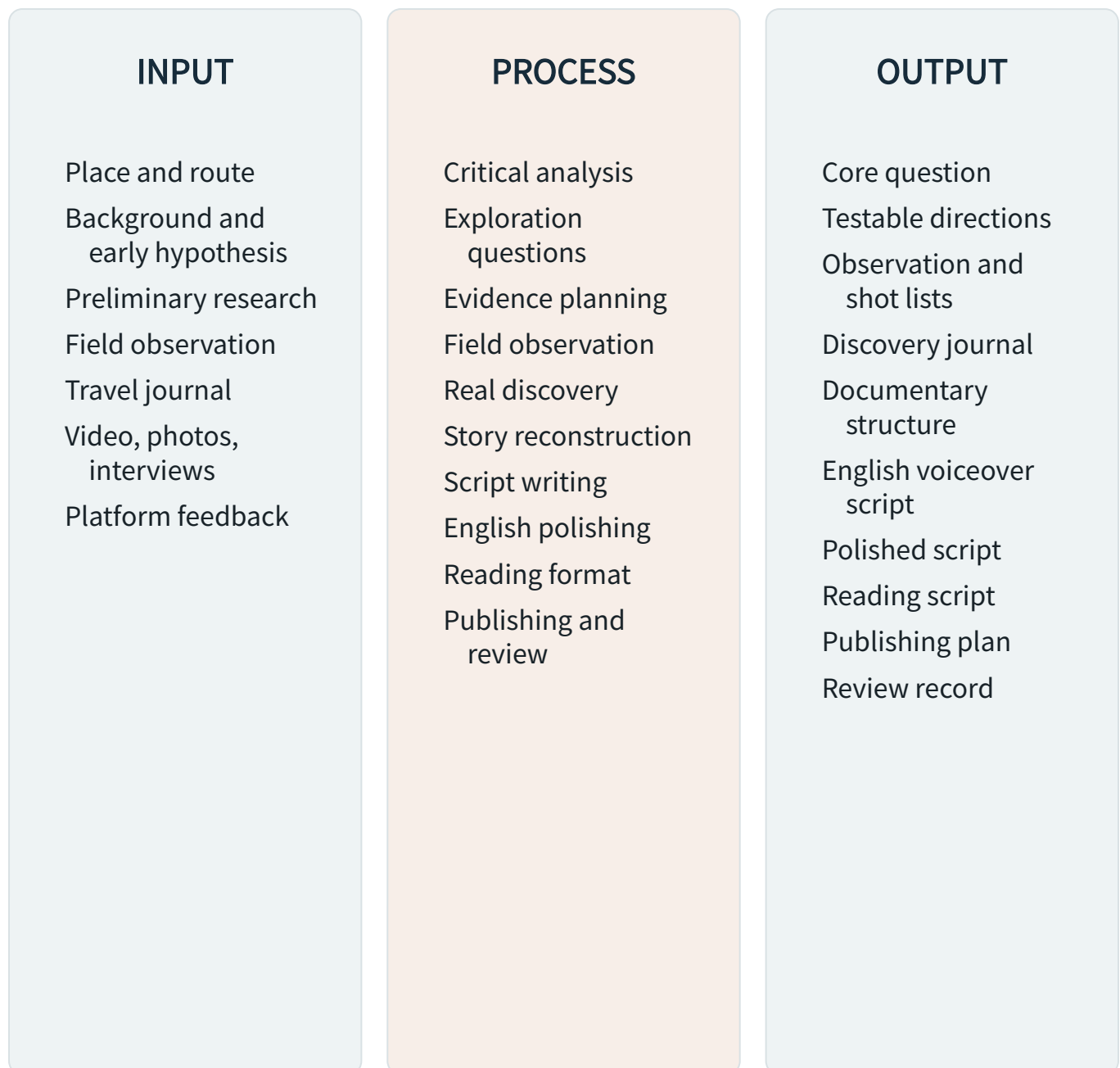
Review fields when data exists

- CTR and title-thumbnail fit
- First 30-second retention
- Audience drop-off around chapter transitions
- Copyright detection and music replacement
- Differences in multi-platform packaging

LIMIT	The weekly schedule is a current publishing plan, not a statistically proven set of optimal posting times.
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Input Process Output

A compact view of how raw experience becomes publishable, reviewable work.



Control logic

ASSUMPTION	Useful at the beginning, but never promoted to a conclusion without evidence.
DISCOVERY	May overturn the plan. The workflow treats this as a correction, not a production failure.

Evidence of actual publishing and production

Douyin / ED 川页

The screenshots provide direct evidence of published work, including topic selection, English and Chinese packaging, filming, editing, thumbnail design, and platform publishing. Performance figures are reported only as visible at the time of the screenshots.



Douyin account: ED 川页

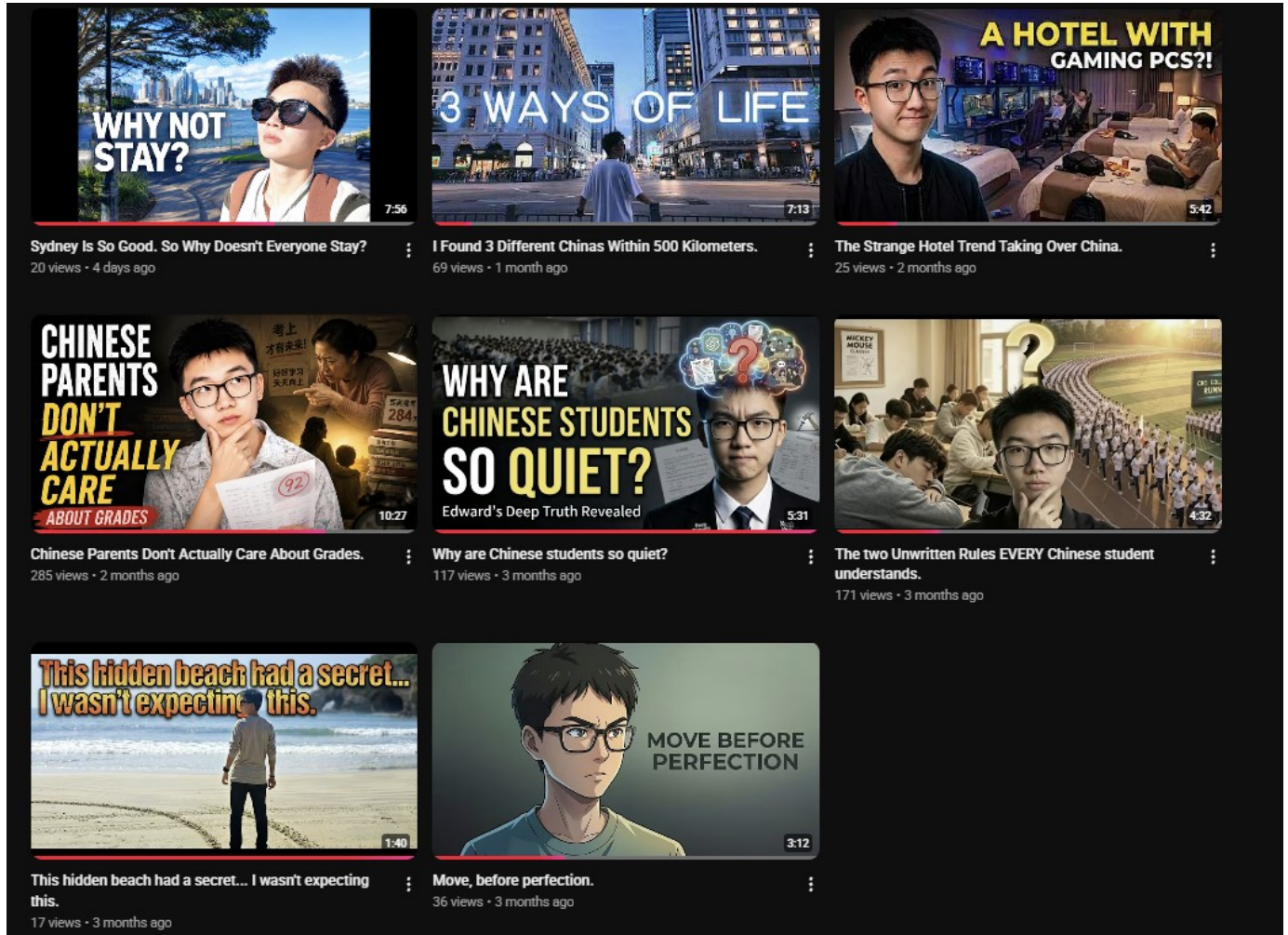
Visible views at the time of screenshot: approximately 12K, 23K, and 12K.
No follower growth, revenue, conversion, or long-term average is inferred.

EVIDENCE	The original screenshot remains embedded as a bitmap. Titles, thumbnails, and visible metrics retain their platform context.
BOUNDARY	The screenshot supports actual publication and production. It does not independently establish the review workflow or later iteration.

Evidence of actual publishing and production

YouTube / @Edward-Hkk

The screenshots provide direct evidence of published work, including topic selection, English and Chinese packaging, filming, editing, thumbnail design, and platform publishing. Performance figures are reported only as visible at the time of the screenshots.



YouTube channel: @Edward-Hkk

Visible single-video view counts include 20, 69, 25, 285, 117, 171, 17, and 36 at the time of screenshot. These figures demonstrate actual publication, not high growth or commercial results.

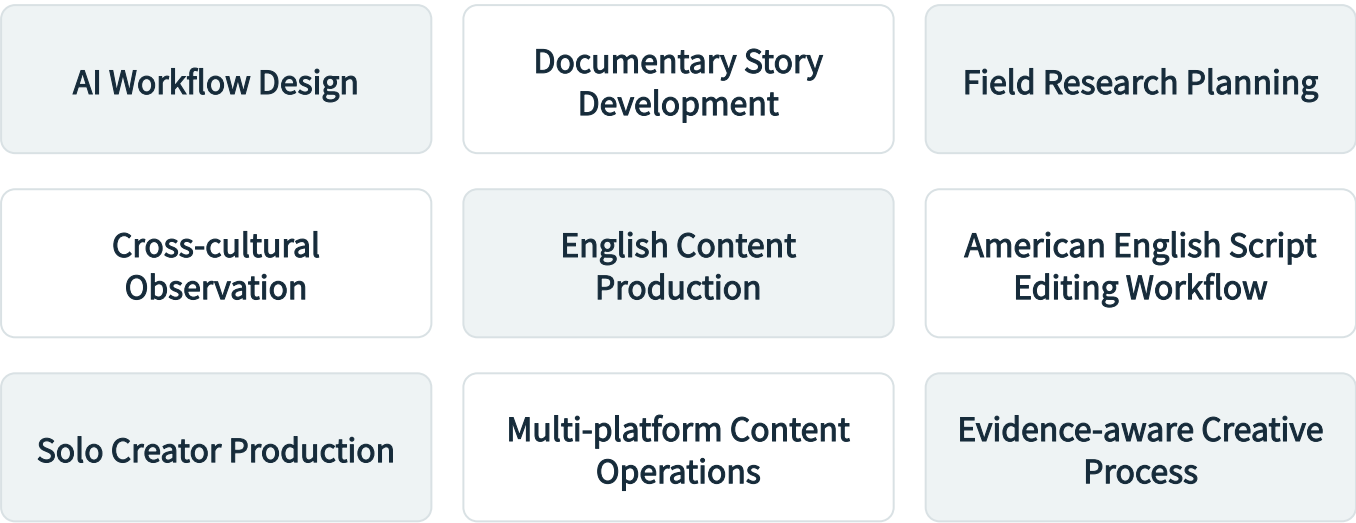
Channel: <https://www.youtube.com/@Edward-Hkk>

PRODUCTION

The published work supports that Edward has executed topic selection, English scripting and voiceover, filming, editing, thumbnail design, and publishing. The review workflow is documented separately and is not independently established by the screenshots.

Professional Value and Boundaries

The case study shows a repeatable, reviewable, and iterative AI-assisted creative process.



Human responsibility

AI may support analysis, decomposition, drafting, checking, and formatting.
Edward remains responsible for topic judgment, real observation, field filming, fact-checking, on-camera work, editing, and publishing.
The workflow cannot replace evidence from the real world.
This is a personal creator workflow, not a claim of commercial team delivery.
No unverified views, followers, revenue, partnerships, client results, or efficiency gains are presented.
Unverified or missing information remains labeled needs input.

ACCURATE DESCRIPTION	A reusable and reviewable AI-assisted workflow for documentary content production.
HUMAN IN THE LOOP	AI prepares options and checks. Edward makes editorial decisions and carries responsibility for evidence and publication.

Appendix: Prompt Fragments and Weekly Publishing Plan

Prompt fragments show control logic. The schedule records the current plan, not statistically validated optimal times.

Day	YouTube long	YouTube Shorts	Instagram Reels	Douyin	Bilibili
Monday	22:00	21:00	21:00	22:00	20:00
Tuesday	21:00	21:00	21:00	22:00	20:00
Wednesday	21:00	21:00	21:00	22:00	20:00
Thursday	21:00	21:00	21:00	22:00	20:00
Friday	21:00	22:00	21:00	22:30	20:00
Saturday	21:00	22:00	21:00	22:00	19:00
Sunday	20:00	21:00	20:00	21:00	19:00

Representative prompt fragments

Exploration	Treat the initial idea as a hypothesis. Identify hidden questions, observer position, and evidence that could change the direction.
Field plan	Combine people, behavior, and environment. State what each image proves and whether one creator can capture it.
Reconstruction	Use the journal, footage, interviews, and real response to find the story discovered. Do not force the original plan.
Script	Use the approved structure as source of truth. Do not invent facts, people, motives, interviews, or statistics.
Language	Edit only for natural spoken American English. Preserve structure, facts, argument, emotion, and progression.

目录

以下章节标题在最终 PDF 中均可点击跳转。

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可重复、可审查的个人创作系统

工作流把假设、所需证据、真实发现和最终人工判断分别呈现。

系统作用

- 把地点、路线或社会观察转化为可实地验证的纪录片问题。
- 围绕人物、行为、环境、日常惯例和矛盾规划证据。
- 旅行后依据真实发现重构故事，而不是把素材强行套入出发前假设。
- 将故事设计、脚本执行、语言润色、朗读格式和发布复盘分开处理。

运行模型



核心说明

AI 用于分析、拆解、起草、检查和格式整理。 Edward 负责主题判断、实地调研、真实观察、事实核查、出镜、剪辑和发布。

范围

这是建立在真实纪录片实践上的个人创作者工作流，不代表商业制作团队，也不是自动生成视频的系统。

创作者与频道身份

一名来自中国的年轻观察者，通过日常生活理解系统与人的意义，并向海外观众解释。

编辑定位

结合中国社会内部经验、年轻人视角、跨文化比较和对其他社会的好奇。
排除旅行 Vlog、旅游攻略、个人流水账、景点清单和简单的 China vs. West 比较。
核心问题不是“我去了哪里”，而是这个地方揭示了怎样的人、文化、社会或系统。
不能把短期观察夸大为社会普遍结论。

观察链路



核心原则	Reality > My Assumption
普遍性	中国可以是案例，但结尾应连接到海外观众也能理解的普遍人类问题。
证据	有吸引力的解释仍需来自可观察行为、可信背景，或明确标注的不确定性。

workflow总览

六个阶段把频道定位、现场证据和人工判断转化为可发布内容。



判断节点

G1	纪录片问题	观察者位置、隐藏问题、观众相关性
G2	实地可验证	人物、行为、日常、地点与矛盾
G3	现实检验	日志、素材、采访和直接经验
G4	完整结构	核心问题、章节逻辑和视觉可能

探索与问题系统

初步想法始终是 hypothesis ，只有现场证据才能支持、修正或否定它。

Module A 纪录片身份系统	
目的	锁定频道身份、目标观众、纪录片边界和跨文化观察者位置。
输入	频道目标、目标观众、既有作品和选题限制。
核心过程	保留能够揭示人物或系统的选题，排除旅游清单、个人流水账和简单的中西二元比较。
输出	稳定的编辑定位与选题排除标准。
人工审核	Edward 确认观察者位置，并判断选题是否适合频道。

Module B 初始探索与问题生成器	
目的	把前期调研转化为可以实地验证的问题。
输入	地点、时间、路线、背景、个人身份、初步想法和前期调研。
核心过程	梳理表层观察、纪录片潜力、观察者位置、隐藏问题和不确定性。
输出	一个主问题与 3 至 5 个辅助问题。模板： Why does ____ happen here, and what does it reveal about ____?
人工审核	Edward 标记假设，并移除无法验证的结论。

Module C 可能的故事方向	
目的	在实地调研前保留多个方向，不提前决定结局。
输入	已确认的探索问题与已知限制。
核心过程	生成 3 至 5 个方向，分别说明故事角度、意义、所需证据、风险和频道匹配度。
输出	等待实地验证的探索假设。
人工审核	Edward 排除空泛、无法拍摄或依赖虚构访问条件的方向。

实地调研与独立拍摄

Evidence of life, not images of places 。

Module D 实地调研与独立拍摄计划	
目的	把可能的故事方向转化为一名创作者可观察、可拍摄的证据。
输入	故事方向、路线、访问条件、时间、设备、安全和制作限制。
核心过程	围绕人物、地点、时刻、矛盾、日常惯例与互动制定计划。每个方向建立 5 至 8 个场景组。
输出	实地观察计划与独立拍摄清单，注明地点和捕捉目的。
人工审核	Edward 检查每个镜头的可执行性、安全性、伦理边界和信息价值。

场景组模板

地点	在哪里能够观察到相关行为或系统？
人物	谁在场，他们正在做什么？
行为	一个视觉单元中同时包含人物、行为与环境。
信息	这幅画面提供了什么信息？
矛盾	什么与预期或表面印象不同？
独立执行	一名创作者能否在安全、不摆拍、不依赖大团队的情况下完成？
现场规则	如果镜头只证明地点存在，它更可能只是 B-roll 。能够揭示人物、行为、过程或矛盾的画面，才可能成为证据。

发现日志与故事重构

旅行后的故事依据实际发生的内容重建，而不是机械执行出发前方案。

Module E 实地发现日志	
目的	在记忆清晰时记录预期与现实之间的差距。
输入	每日观察、对话、素材笔记、意外与误解。
核心过程	记录日期、地点、原先预期、实际发生、意外之处、差异、误解、新问题和可能的故事想法。
输出	呈现重复主题和异常发现的时间线日志。
人工审核	Edward 区分直接观察与解释，并标记仍需核实的信息缺口。

Module F 旅行后故事重构	
目的	从实际制作中找到真正发现的故事。
输入	视频、照片、日记、采访和真实感受。
核心过程	评估创作者角度，重述核心问题，并建立开场、第一至第三章和结尾。
输出	完整叙事结构。每章说明目的、问题、关键信息、人物故事和视觉可能。
人工审核	Edward 在脚本写作前批准结构，并将其作为唯一叙事依据。

重构检验

A 我原先期待什么	B 实际发生了什么	C 什么反复出现
D 什么形成矛盾	E 它可能意味着什么	F 仍有哪些未知

纪录片脚本架构

已批准的框架是 source of truth 。脚本阶段负责执行，不重新决定故事方向。

Module G 纪录片脚本写作系统	
目的	为可能不了解中国的英语观众写出可视化、适合口述的纪录片。
输入	已批准的结构、核实事实、素材清单和采访。
核心过程	建立整集叙事弧线与每章调查路径，在不虚构证据的前提下安排揭示节奏。
输出	章节标题、旁白稿和转场句。
人工审核	Edward 检查事实、画面支撑、口述节奏，以及与批准结构的一致性。

整集叙事弧线



执行规则

- 每章遵循：开始、调查、发现、转场。每个答案都应产生更好的下一个问题。
- 冷开场前 30 至 60 秒保持纯粹张力。后续章节开头约占该章 10% 至 15% ，重新建立好奇。
- 每 20 至 40 秒至少出现一次矛盾、隐藏机制、意外观察、未解问题或新的揭示层级。
- 视觉优先级：人物、物件、地点、过程、系统、抽象概念。
- 默认旁白速度为每分钟 130 至 160 个英文词。不得虚构人物、采访、统计、动机或事实。

英语润色与朗读格式

语言编辑和朗读排版拥有不同的修改权限。

Module H 美式英语纪录片润色

- 目的：在不改变故事的前提下，使语言成为自然的美式英语口语。
- 输入：已批准脚本，以及不可改变的事实、结构、论点、情绪和叙事推进。
- 核心过程：执行母语者、旁白、翻译痕迹、AI 痕迹和纪录片语体检查，保留必要的澳洲地名与本地术语。
- 输出：润色稿和只记录重要改动的 Change Log。
- 人工审核：Edward 确认没有新增事实、俚语、确定性或情绪方向。

Module I 朗读稿格式整理

- 目的：在不改写的前提下，把最终英文稿整理为便于录音的格式。
- 输入：内容已冻结的最终脚本。
- 核心过程：删除纯排版符号，规范空格，按完整句子分段，每段约 140 至 170 词。
- 输出：Word 文件：Calibri 12 pt、1.5 倍行距、无页眉页脚，文末记录各段词数。
- 人工审核：Edward 与锁定脚本逐字核对，确认内容完全一致。

权限边界

MODULE H 可以修改措辞、节奏、清晰度和习惯表达。不得改变结构、事实、论点、情绪和叙事推进。

MODULE I 可以修改空格、分段和朗读版式。不得改变任何词语和句子。

多平台发布与复盘

同一套纪录片系统服务于长视频和短视频，真实平台反馈再进入后续判断。

Module J 多平台发布与复盘	
目的	在不虚构效果数据的前提下完成发布、适配和复盘。
输入	最终视频、标题、缩略图、字幕、版权状态、平台要求和可获得的反馈。
核心过程	准备 YouTube 长视频、Shorts、Reels、抖音和 B 站版本，并检查可获得的留存、包装、版权和分发信号。
输出	发布计划、平台素材和复盘记录。
人工审核	Edward 批准每次上传、解决版权问题，并只记录实际观察到的数据。

当前复盘循环



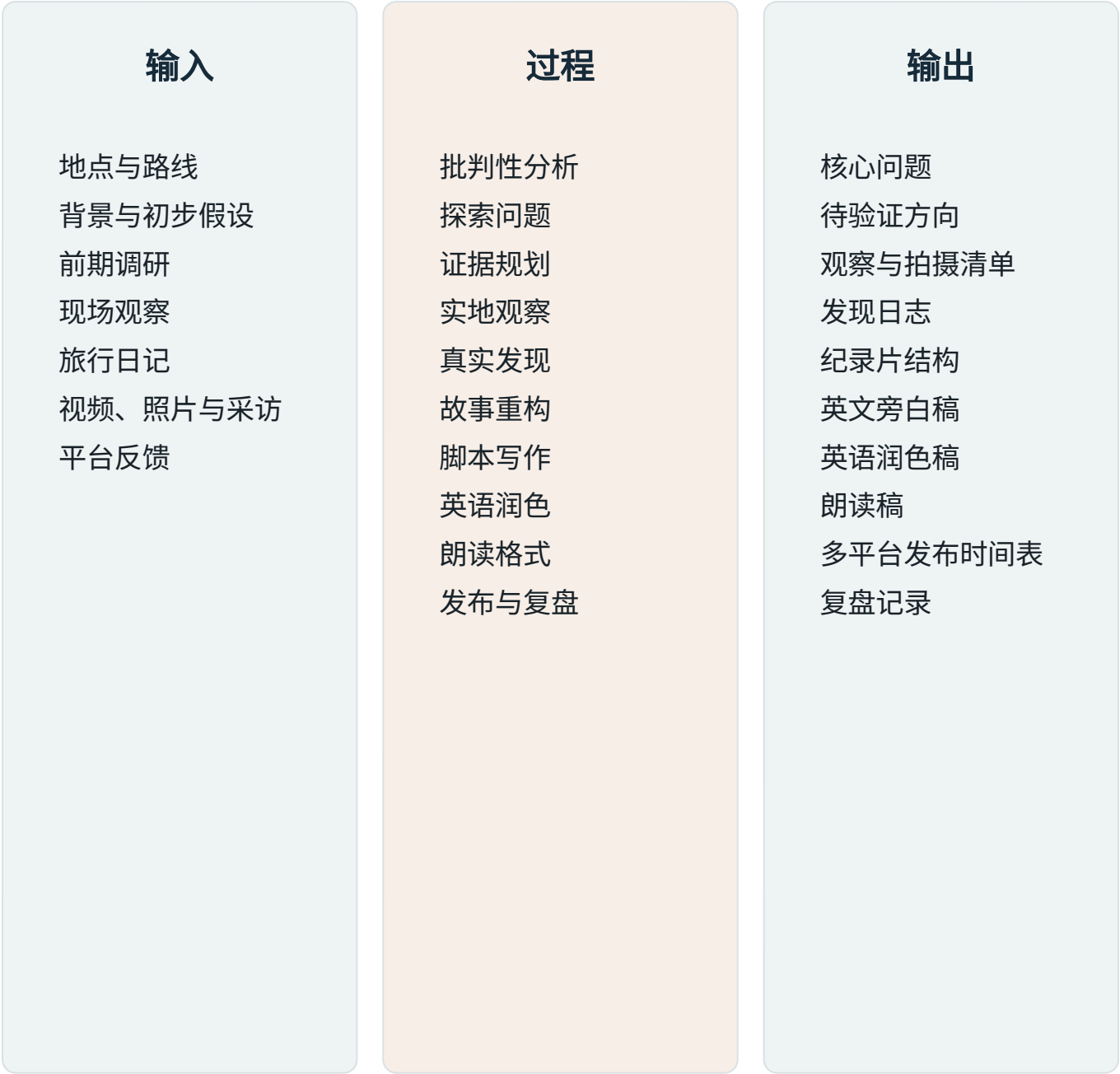
存在数据时的复盘字段

- CTR 与标题、缩略图匹配度
- 前 30 秒留存
- 章节转场附近的观众流失
- 版权检测与音乐替换
- 不同平台的内容包装差异

限制	周历是当前 publishing plan ，不是经过统计验证的最佳发布时间。
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输入、过程与输出

从真实经历到可发布、可复盘内容的完整路径。



控制逻辑

假设	可以作为起点，但没有证据时不能升级为结论。
发现	可以推翻原计划。工作流把这种变化视为纠正，而不是制作失败。

真实发布与内容制作证据

抖音 / ED 川页

以下截图直接证明了作品的实际发布，以及选题、双语内容包装、拍摄、剪辑、缩略图设计和平台发布。所有播放量仅按截图时点的可见数据呈现。



抖音账号： ED 川页

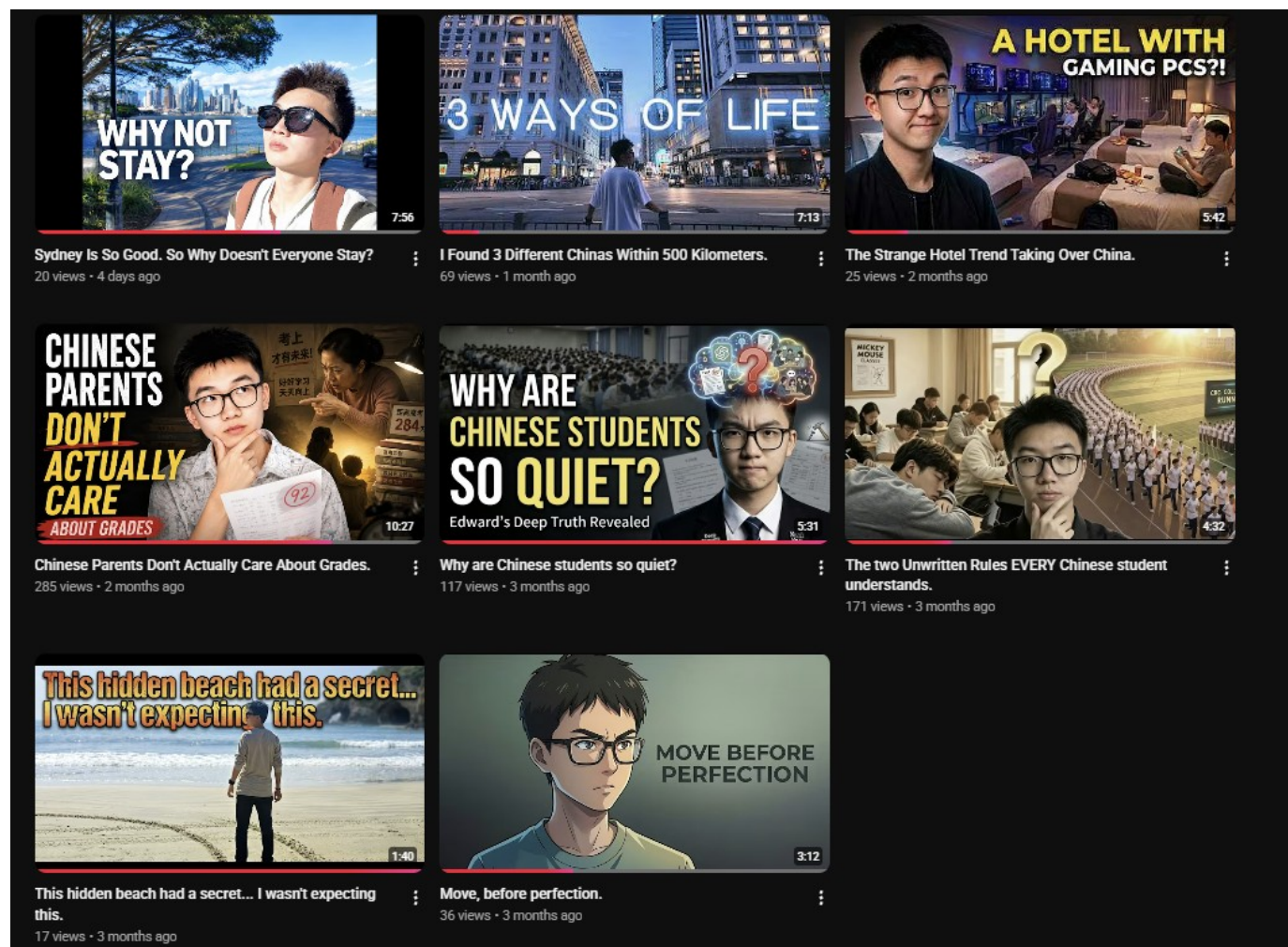
截图时点可见的三条视频播放量约为 1.2 万、2.3 万和 1.2 万。
不据此推导粉丝增长、收入、转化或长期平均表现。

证据形式	原始截图作为位图嵌入，视频标题、缩略图和可见播放量均保留平台视觉上下文。
事实边界	截图能够证明真实发布与内容制作，但不能独立证明复盘流程或后续迭代。

真实发布与内容制作证据

YouTube / @Edward-Hkk

以下截图直接证明了作品的实际发布，以及选题、双语内容包装、拍摄、剪辑、缩略图设计和平台发布。所有播放量仅按截图时点的可见数据呈现。



YouTube 频道：@Edward-Hkk

截图时点可见的单条视频播放量包括 20、69、25、285、117、171、17 和 36。这些数据用于证明真实发布，不代表高增长或商业成果。

频道链接：<https://www.youtube.com/@Edward-Hkk>

制作证据

已发布作品能够证明 Edward 实际完成了选题、英文脚本与旁白、拍摄、剪辑、缩略图设计和发布。复盘流程在本案例中另行说明，账号截图本身不作为独立证明。

专业价值与真实性边界

该案例呈现的是可重复、可审查、可迭代的 AI 辅助创作过程。



人工责任

AI 可以辅助分析、拆解、起草、检查和格式整理。
Edward 负责主题判断、真实观察、实地拍摄、事实核查、出镜、剪辑和发布。
工作流不能替代真实世界证据。
这是个人创作者工作流，不代表商业团队交付。
不展示未经验证的播放量、粉丝数、收入、合作、客户成果或效率提升。
无法验证或缺失的内容必须标记为 needs input 。

准确表述	将复杂内容生产拆解为可重复、可审查、可迭代的 AI-assisted workflow 。
人工在环	AI 提供备选方案与检查，Edward 负责编辑判断，并对证据与发布承担责任。

附录：代表性 Prompt 片段与发布周历

Prompt 展示控制逻辑，周历仅代表当前发布计划。

星期	YouTube 长视频	YouTube Shorts	Instagram Reels	抖音	B 站
周一	22:00	21:00	21:00	22:00	20:00
周二	21:00	21:00	21:00	22:00	20:00
周三	21:00	21:00	21:00	22:00	20:00
周四	21:00	21:00	21:00	22:00	20:00
周五	21:00	22:00	21:00	22:30	20:00
周六	21:00	22:00	21:00	22:00	19:00
周日	20:00	21:00	20:00	21:00	19:00

代表性 Prompt 片段

探索	将初步想法视为假设，而不是结论。列出隐藏问题、观察者位置，以及可能改变方向的证据。
实地	每个场景组必须同时包含人物、行为和环境，并说明画面提供的信息以及独立拍摄可行性。
重构	依据日志、素材、采访和真实感受寻找真正发现的故事，不把原计划强加给素材。
脚本	以已批准结构为唯一依据，不虚构事实、人物、动机、采访或统计。
语言	只做自然的美式英语润色，保留结构、事实、论点、情绪和叙事推进。

Edward Hu / 胡顺德

Personal Portfolio Case Study

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Douyin: ED 川页

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Authenticity statement / 真实性声明

This portfolio documents a personal creator workflow. AI supports analysis, drafting, checking, and formatting. Edward remains responsible for editorial judgment, real-world observation, fact-checking, filming, performance, editing, and publication.

本作品集记录个人创作者工作流。AI 用于分析、起草、检查和格式整理。Edward 仍对编辑判断、真实观察、事实核查、拍摄、出镜、剪辑和发布负责。

Reality > My Assumption